

Physical Sickness

The day I got diagnosed with Crohn's disease was one of the worst days of my life. Finding out that I was going to live the rest of my life with a disease that was incurable hit me hard. All of my college dreams seemed to be thrown out the window. All of the plans I had for my life were all of a sudden having to be changed. That day in high school was hard. I remember being so alone, feeling like no one understood me. This sent me into a depression and honestly, asking God why he would make me different from most of my friends and family. Why was I the one who had to go to numerous doctor's appointments or give myself an injection to keep me from getting sick. I was angry at God for the simple reason that my life was not normal in my eyes. Going into college with an illness was stressful. Finding doctors, taking care of yourself when you get sick, and simply juggling this on top of school work and a social life was stressful. I wish I could've known going into college that everything was going to be ok. Even though I've been through some rough times in college the Lord has blessed me with amazing friends and people to help me along the way. Even on days when it seemed like all hope was lost, he was right there beside me. For the people who are struggling with something like this, it is ok to not be ok. It's ok to not have everything figured out and to have the Lord write the story of your life. I have been blessed to be able to use my story in ways I could not have imagined since the day I was diagnosed. For those of you who feel alone and are struggling, just know that it will get better. Don't isolate yourself and get plugged in with a church. Go serve or join a bible study. Meet people that can come along side you and help carry your burdens. College can be stressful, especially with a disease or illness, but you can make it. The Lord won't let you down and I am a walking testament to that. You'll do great in college and being at the Oaks is a great first step on the right path. I wish I would've had someone write a letter to me saying "me too." That they could relate to the things I was struggling with. So just know that whoever you are there are people going through or people who have already gone through the same things that you are. Just know that you are not alone.

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